

# ROBERT ADAMS

**“Within You Is The  
Light of a Thousand  
Suns. Let the True Sun  
Shine Forth.”**

.....  
“Never forget that within you is a great magnificence. An unchanging, all-pervading, omniscient Supreme Love, Divine Perfection. A boundless compassion that is stronger than anything in this world. Than anything that will ever happen to you or has ever happened to you.

Find this eternal, unchanging love. Take refuge in this, the Supreme. God. For here you will find your true Self. And you will rise above this world.

**“Trust in the  
Supremacy of  
Goodness.”**

.....  
“Ultimate Reality is Absolute Goodness. All Pervading Love. This is the unchanging Reality behind all changing events. Changing circumstances arrive due to past decisions. Karma. Therefore, it behooves you to make all decisions from Ultimate Reality.”



## What Is Your Real Nature?

A Pure Form Original Discourse Experience with Robert Adams

Welcome. Discourse. Music. Q&A. Refreshments. Fellowship

Questions and Answers Relating to The Topic:

### What Is Your Real Nature?

**Reference Referral: Robert Adams on Real  
Nature. Religion. Worship. Source. Practice. God.**

**“You must have a personal God.”**

Steps to Experience Your Real Nature:  
Why Worshipping God Makes You Pure

Q: Do you think that worshipping God, or believing in God impedes Self Realization?:

## Dive Deeply Into the Peace Eternal Within

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"Within you is an unfathomable, unchanging peace. a peace beyond imagining.

Dive deeply into the blissful depths of this peace everyday. Take refuge in this peace. This is the peace of God.

Here you will find everything that you have been looking for. Dive deep, deep within this beautiful peace, and something wonderful will begin to happen. It will begin to last longer and longer.

This deep peace will remain, as you work, play, go to the store, laugh, go to sleep. In the depth of your meditation, your holy practices, you will find your true Self.

And every action you take will come from this peace. The world cannot touch this peace. For it is of The Supreme. Eternal. Unchanging. You become a conduit of peace.

### Happiness This Moment

Happiness This Moment Online Course Series with live Questions and Answers offered three times yearly as posted on;

[robertadamsinfinityinstitute.org](http://robertadamsinfinityinstitute.org)

Robert Adams:

On the contrary. Worshipping God makes you pure. It makes you pure enough so that you can follow the "I" back to the Source. Whereas, if you did not worship God, you would just know everything intellectually, and you would have a hard heart. Worshipping God softens you up, makes you mellow, causes you to become one-pointed and lifts you higher.

So, by all means, worshipping God is good. But, what kind of God will you worship? Worshipping God in the form of a 'Sat Guru', in the form of a Buddha or a Christ, whichever, is even better.

Q: Why so?

Robert Adams:

For if you worship God without form, the energy is not as strong. For what kind of a God are you worshipping? An invisible God that has no form, no shape.

### Surrender to The Nature of God; Real Nature

Therefore, you have doubts. You are not too sure.

And, the energy you send out is not that strong. But when you worship God as form, you can give that God all of your energy, or totally surrender to that particular deity. That is the purpose of worship. To finally, totally surrender your ego, your pride, your body, your affairs, your life, to that deity. And the 'You' becomes that deity itself.

Q: is it better to focus on one form?

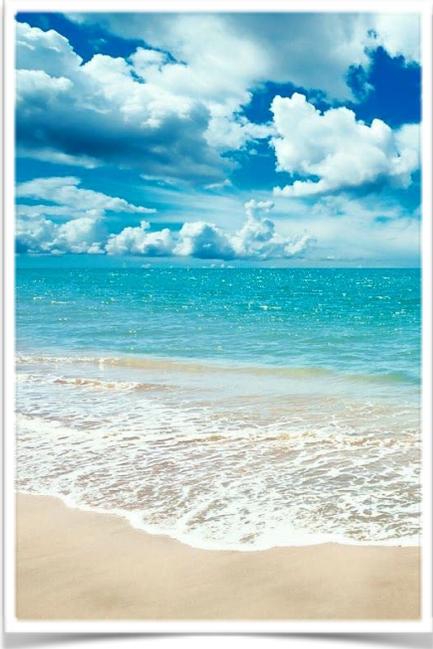
Robert Adams:

Yes. Of course. For you become on-pointed. It causes your mind to become one pointed. And then your mind becomes your servant. And finally the mind disappears. Its like the sun. When the sun spreads its rays all over the place it is not as powerful as if one ray of the sun moved to a certain place. A fire would start. That is how powerful it is.

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But, when the sun dissipates its rays, they are not as powerful. In the same way, when you worship many deities, you dissipate your energy, and the worship is not as powerful.



### Inner Identification With The Nature of God

Q: Even if you think of them as more or less representative of the same consciousness?

Robert Adams:  
That is hard to do. You can't worship Buddha and Christ, and Mohammad, and Krishna at the same time.

Q: I thought you could in the sense of them all being the Christ Consciousness.

Robert Adams:  
So how will you worship them? How will you do that?

Q: As a unit....

Robert Adams:  
How can you do it? What will you think of?

Q: The underlying consciousness that they all represent.

**"Worship one God with all your heart and the whole universe becomes That."**

Robert Adams:

If you can do that, that is good, that is wonderful but I think you will think of each one and dissipate your energy. Whereas, if you have one, they will eventually all merge into Oneness. In other words, if you worship Krishna correctly; without Buddha, Christ, Shiva, everyone will become Krishna. So it is better in the beginning to worship one. Then the whole universe will become that one.

Silence of the Heart

### What is 'Real'? Identification with Your Real Nature: God as World Is Real

"Never say 'nothing is real'. God, as the world is real."

"When I refer to 'real', I simply mean That which is eternal. This does not mean to negate your earthly life. This life is a rare opportunity. A holy opportunity. You are here to become holy. Pure. Selfless."

"Your job is to preserve life whenever possible."

"Remember, never say "Nothing Exists". Because you don't know what you are talking about. It is just words. Never say, "The I do not exist, but 'I AM Sat Chit Ananda' "

## **"What Is My Real Nature"?**

"Your Real Nature is Absolute Goodness."

"Bliss is your Real Nature."

'Do not shrug people off or become indifferent.

Your real nature is compassion. Loving Kindness."



## **"I Welcome You With All My Heart." The Beloved Sage Robert Adams**

Enjoy Robert Adams love of the ocean, sounds of the waves, the color blue, art and music.

Welcome to the Robert Adams Pure Form Tradition. Immersed in his personal favorite selected manifestation of nature; the beautiful deep blue oceanic vistas, he was often seen swimming so far into the ocean in Malibu, beyond the surfers and swimmers, that a measured, barely visible appearance dotted above the waves.

Spending weekends with his family on the seashore or on holiday amid large, happy gatherings in the long, sunshine permeated days, he has expressed his love of the ocean since his children were very small, often using the vast blue ocean or 'boundless blue sky' in dialogue as topic metaphors for the freedom and beauty of the Divine.

As one 'digests' his transmission 'until it becomes a part of you', per his instructives, enjoy his personal favorite atmosphere, and his own selected live music, in a full- spectrum experience of his ever -present warmth, love and humor. His favorite color, deep peaceful serene blue, was often selected in his linen and silk Indian blue shirts and Kurtas, which he wore primarily in addition to white, for his early weekly talks.

In the soothing environment of the seaside peace that he loves, surrounded by children, his favorite reflections of blue, the color of peace, we enjoy the full spectrum of the deeply refreshing, soothing presence of this peace- permeated sage. Relax, breathe deeply, and "ponder and digest the words until they become a part of you." in inspiration and upliftment.

## His Message of Illumination: The Personal Experience of Beloved Robert Adams

"I teach devotion as well as Advaita. This is the heart of Advaita. Both are the perfect combination. One can reach God through the truth of a true religion. Never believe that you are above a true religion. Above praying. True religions are what brought us the great saints and sages that you so admire.

### **"You Remain Deeply Immersed in the Love. The Peace"**

Westerners do not understand this path. Their ego catches on to it and they become cold, self absorbed, thinking they just observe everything coldly. One who truly understands this would never sit still and simply watch someone suffering. They would be the first to get in there and help. The homeless. The lonely. The hungry.

The difference is that it is like the Buddhist monks. They peacefully protest injustice. Yet they do not become irate. Hopeless. They do not lose their peace. You remain deeply immersed in the love. The peace."

"One can find illumination through a true religion if you surrender completely to that religions. All true religions believe in the same virtues. The same peace. These are the attributes of The Supreme."

### **"We Meditate on God"**

"The void, the emptiness of the mind is not illumination. It is the first steps to prepare to experience Bliss Consciousness. God.

Therefore when we meditate, we do not meditate on an empty mind, we meditate on God. The Supreme. Pure Love Omniscient. Bliss Consciousness." "Stay in the Heart."

"Bliss Consciousness is our Real Nature."

Silence of the Heart

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